

Fennel Salad

2 fennel bulbs, trimmed, halved, cored and julienned

12 black olives, pitted, sliced

½ cup plain yogurt

1 head butter lettuce

Juice of one lemon

Chopped parsley and chopped fennel leaves for garnish

Mix together yogurt, olives, fennel and lemon juice. Place in butter lettuce leaf cup.

(by Chef Dan Brophy, Summer Cooking With Herbs Series 2012, Portland Nursery / Stark)