

Sweet Potato Dog Treats

6 large sweet potatoes, sliced ¼ inch thick
2 quarts water
½ cup Kosher salt
½ cup sugar

Combine water, salt and sugar until dissolved. Add sweet potatoes, soak for 2 hours. Rinse. Put on parchment paper. Bake in oven at 200 degrees until completely dry.

(by Chef Dan Brophy, Summer Food Preservation Series 2013, Portland Nursery / Stark)