

Swiss Chard

Not only is swiss chard a good heat-of-the-summer spinach substitute, it's also a looker! Check out varieties like 'Bright Lights' that have stunning, almost neon, color contrasts between leaves and stems.

- PLANTING:** Plant out 2 weeks before last spring frost in a sunny situation. Give plants about 12" room between each other.
- CULTURE:** Chard is not particularly fussy but will always thrive in well-drained, fertile soil.
- FERTILIZING:** Unnecessary, but an all-purpose should be sufficient.
- HARVESTING:** Try to harvest only the outer leaves, so the inner core will keep producing. Pull from the base with a slight twist to make a clean break.
- STORAGE:** Treat chard as you would spinach, eating fresh, steamed, or freezing in plastic bags.

NAME	HEIGHT	DESCRIPTION
BRIGHT LIGHTS	20"	Dark green foliage held up by brilliantly hued stems in neon colors ranging from pink to yellow, sometimes even striped. Mild flavor. Resembles a crisp spinach/lettuce. Matures in 1-2 months.
RHUBARB CHARD	20"	This one is a beautiful, rich scarlet red stemmed variety.
BRIGHT YELLOW	20"	Just the neon yellow stems which are a great contrast to the deep green foliage.